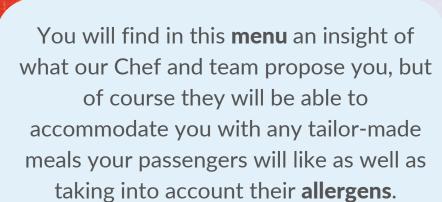


from a historical breakthrough in cooking. The freshest local & seasonal ingredients, have formed the basis of our cuisine.

We want to take you on a journey, from the traditional methods of old to a fusion in the modern present. Along the way we merge traditional recipes with contemporary presentation to create an Unique dining experience in the air





Packaging and Presentation are also taken into account in order to save space on board, optimizing space & serving procedures. Our operator team will always support you by proposing you the best for your highly demanding passengers









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# LSGG

# **SOMMAIRE**

- Canapés & sandwiches
- Starters
- Salads
- Cold platters
- Soups
- Main course: Seafood
- Main course: Meat
- Side dishes
- Pasta & Risotto
- Asian
- Indian & Arabic
- Vegan Menu
- Desserts, Fruits
- Breakfast menu
- Beverages
- Conciergerie
- Contact

# Cold canapé

Chef's choice or your filling

# Caviar canapé

gluten, dairy, fish

### Hot canapé

Chef's choice or your filling

### **Croque Monsieur/Madame**

gluten, dairy, eggs

### **Beef burger**

gluten, dairy, egg

### **Chicken burger**

gluten, dairy, eggs

### **Homemade Pizza**

Chef's choice or your filling

### Individual quiche

Chef's choice or your filling





### Finger sandwich (2 pieces)

Chef's choice or your filling

### **Gourmet sandwich**

Chef's choice or your filling

### **Open sandwich**

Chef's choice or your filling

### **Bagel sandwich**

Chef's choice or your filling

### Club sandwich

Chef's choice or your filling

# Wrap sandwich with tortilla bread

Chef's choice or your filling

### **Baguette sandwich**

Chef's choice or your filling

### Skewers chicken or beef

Mini/Medium/Large





# **Starters**

### **Beef carpaccio**

with shaved parmesan & rocket salad

### Salmon & avocado tartare

### **Lobster tartare**

with cocktail sauce

### **Buddha Bowl**

with tofu, carrot, tomato, butternut, spinach, cranberry, beetroot, ginger, pineapple, boulgur & cashew nuts

### **Duck foie gras**

served with gingerbread & chutney

### Lobster & mango salad

salad, lobster meat, mango, avocado & dressing

### **Melon with Bresaola**

### **Zucchini Tartare**

### **Scallops carpaccio**

with passion fruit & pomegrenade

### **Superfood salad**

Green leaves, cucumber, avocado, quinoa, peas, parsley, mint, pomegranate, cherry tomato & dressing

### **Quinoa** salad

salad, quinoa, marinated vegetables, parsley, tomato & dressing

### Baked goat cheese salad

salad, baked cheese with honey on toast, pine nuts & dressing

### Honey & Soy Duck salad

salad, sliced duck breast, nuts, roquefort cheese, raisins, tomato & honey dressing

### Caesar salad with grilled chicken

romaine lettuce, tomatoes, parmesan, croutons and Caesar sauce

### Caprese salad

tomato, mozzarella, basil, pine nuts & pesto sauce

### **Greek salad**

salad, cucumber, bell pepper, onion, olives, tomato, feta & dressing

### Garden salad

salad, seasonal vegetables, tomato & dressing

### **Spring salad**

salad, asparagus, goat cheese, hazelnut, beans & dressing





# **Cold Platters**

**Cold cut meats** 

served with condiments

**Cured meats 'Delicatessen'** 

served with condiment

**Cured Italian meats & antipasti** 

with Mediterranean grilled marinated vegetables

French sliced cheese selection

served with dried fruits, butter, jams

**Crudités (raw vegetable sticks)** 

served with a dip

Scottish smoked salmon

served with tangy cream

Cold cooked smoked fish

served with dips & condiments

**Cold seafood without lobster** 

served with dips & condiments

Cold seafood with lobster

served with dips & condiments

# Soups

Losbter bisque

served with claw meat

**Lentil soup** 

served with truffle oil

Seasonal vegetable soup

Chicken noodle soup

Gazpacho green peas, mint & feta

served cold or hot dairy

Asparagus creamy soup

Minestrone soup

Mushroom soup

French Onion Soup with garnish

Soupe campagnarde au diots



# **Fillet**

Salmon fillet

Sea bass fillet

**Cod fillet** 

Sea bream fillet

**Red Mullet** 

Sole fillet

Fish skewers (2 pieces)

### Lobster

Tail, half, whole, thermidor, or fricassee

# Seafood

King prawn

**Baked lobster tail with herbs** 

**Scallops** 

Prawn skewers (2 pieces)

# MAIN COURSES



# Suggestions

Roasted sea bass fillet

with lime juice, candied fennel in olive oil & baby carrots

**Breaded cod with mashed potato** 

with some salf of Guérande, lemon & basil

Pan-fried salmon Toscany' style

with tagliatelle pasta & parmesan

Roasted sea bream fillet

with steamed potato, aragula salad & citrus sauce

**Seared scallops** 

with watercress cream soup

# MAIN COURSES

# Beef

**Beef fillet** 

Beef bourguignon

**Beef stroganoff** 

Beef skewers (2 pieces)

# **Poultry**

Chicken breast

Corn-fed chicken supreme

Chicken skewers (2 pieces)

### Other

Rack of lamb
Veal chop
Duck breast



# Suggestions

### Lamb shank thyme

With thyme juice & roasted vegetables

### Rack of lamb with mint

With tomatoes provencal & green beans

### Beef fillet with truffles

With mashed potatoes & herbs

### **Beef fillet Rossini**

With foie gras & crisscut potato

### Pan-fried veal chop & asparagus

With morille mushroom sauce

### Seared duck breast

With Darphin potato & fig sauce

### **Chicken Suprême**

# Pasta / Risotto

### Pasta

Plain pasta of your choice

Pasta with truffles

Seafood or prawn pasta

**Lobster pasta** 

**Beef lasagna** 

Vegetarian lasagna

# **Risotto**

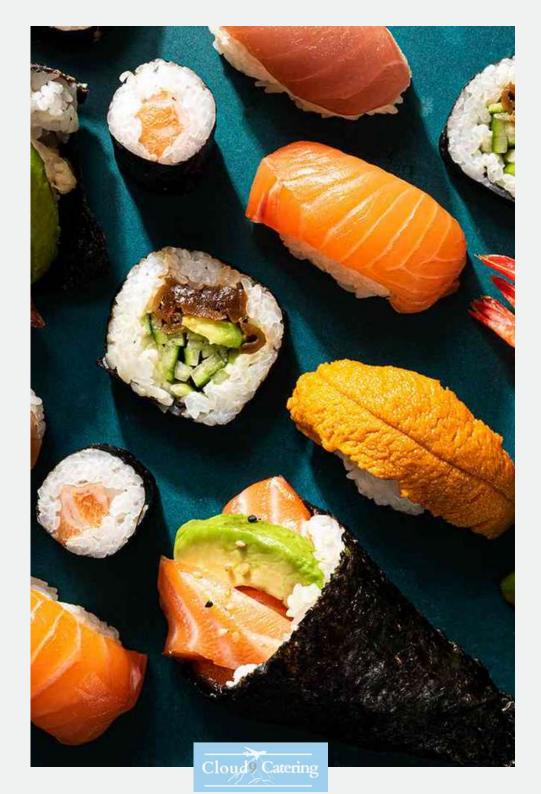
**Mushroom risotto** 

**Asparagus risotto** 

**Seafood or prawn risotto** 

**Truffle risotto** 





# Asian

Sushi | sashimi | maki | california roll

**Edamame** 

Chicken Thaï salad

**Shrimp Thaï salad** 

**Fried spring roll - Nem** with shrimps or chicken (2 pcs)

**Spring roll (per piece)** with shrimps

Prawn tempura (2 pcs)

Miso soup

**Tom Yang soup** with shrimps

Fried noodles with beef sate

**Fried noodles with prawns** with sesame in sweet & sour sauce

# Indian/Arabic

### Tikka masala

- Chicken
- Shrimps

### Curry

- Chicken
- Lamb
- Vegetables

# Biryani

- Chicken
- Lamb
- Vegetable

### **Others**

- Chicken tandoori
- Chicken tikka
- Butter chicken

### Samosa/Naan Bread

Meat or vegetable



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Hot mezze

Kebbe, fatayer, falafel, kefta, sambousek

Pita bread

**Fattoush salad** 

Lebanese tabbouleh Salad

Baba Ghanouj

**Hummus** 

Labneh

Stuffed wine leaves (Warak Enab)

**Grilled meat mix** 

**Tajine (chicken or lamb)** *served with vegetables* 

**Couscous Royal** 

with lamb, chicken, sausages & semolina

### Starters/Salads

### **Greek salad**

marinated tofu, salad leaves, cucumber, red & yellow peppers, onions, olives, tomato & dressing Soy

### Zucchini duo in tartare

salad leaves, green & yellow zucchini already seasoned

# Quinoa salad with marinated vegetables

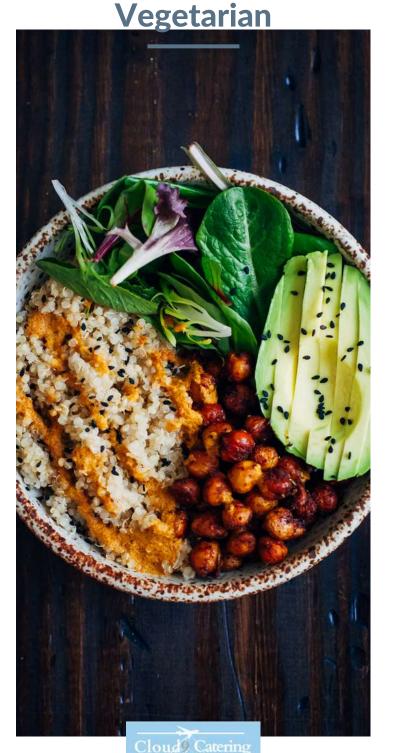
salad leaves, quinoa, parsley, tomato & dressing

### **Buddha bowl**

with tofu, carrot, tomato, avocado,, spinach, cranberry, beetroot, ginger, pineapple, boulgur & cashew nuts

### Superfood salad

Green leaves, cucumber, avocado, quinoa, peas, parsley, mint, pomegranate, cherry tomato & dressing



### Main Course

**Green curry vegetables**with coconut milk served with basmati

rice

Lentil, carrot & potato stew

Chili sin carne

served with rice

**Veggie pad Thaï** with gluten free noodles

**Coconut quinoa risotto** with pine nuts & raisins

Soups

**Tomato soup** 

**Creamy sweet potato & coconut hot soup**served with vegetables chips

Gazpacho green peas tofu & mint

# **Chocolate mousse**

served in a glass

### **Tiramisu**

Classic & served in a glass

### Crème brûlée

served in a terracotta pot

### **PannaCotta**

served in a glass with red berries sauce

### **Tarte Tatin**

served with whipped cream

### **Fruit tartlet**

### Cheesecake

served with mixed berry sauce

### Millefeuilles

### **Eclair**

Choco, Café, Vanilla

### **Carrot cake**

served with buttercream icing





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# **Strawberry**

Dipped in chocolate

### Fruit skewer

Mini/Large

### **Fresh berries**

Blueberry, Raspberry, Strawberry

# Vegan

### **Chia pudding**

with almond milk & fresh fruits in a glass

### **Chickpeas chocolate mousse** Served in a glass

**Coconut milk panna cotta** with berries in a glass

# Raspberry cheesecake

# Fondant chocolate

with fresh berries

**Bircher muesli** with fruits served in a glass

**Parfait yogurt granola** with berries served in a glass

Pancakes or Crêpes with topping

**Mixed Granola** 

Sliced fruits seasonal

**Small/Medium/Large**Fruit basket/Seasonal or Exotic

**Fresh berries** 

Mini breakfast pastries

**Classic breakfast pastries** 

Muffin/Brownie/Cookie

French toast with berries



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### **Plain Eggs**

scrambled, boiled, omelette, poached.

**Scrambled Eggs** plain or with herbs

# **Garnish**

- Smoked Salmon
- Breakfast mini sausage
- Ham
- Parma/Cured/Spanish
- Grilled bacon
- Grilled tomato
- Baked beans
- Sautéed or grilled mushrooms
- Hash brown potatoes 'roastie'
- Sautéed spinach with garlic
- Hollandaise Sauce
- Bagels

# Freshly Squeezed

- Orange | grapefruit | lemon | melon
- Grape | pineapple | tomato
- Apple | pear | carrot
- Red berries
- Mango
- Multifruits cocktail
- Green detox juice 500ml | celery
- Beetroot & carrot detox juice 500ml

### **Smoothie**

- Exotic smoothie | celery
- Red smoothie
- Green smoothie
- Lemon & mint detox water 1L
- Lemon, mint & cucumber detox water 1L

### Still Water

• Evian, Volvic, Vittel, Fiji water

# Sparkling water

• San Pellegrino, Perrier

### **Soft Drinks**

Large Selection Available in Cans & Bottles

### Ice

• Ice cubes & Dry Ice Available

# **BEVERAGES**









All items you will require to make your flight a success can be provided

Oshibori towels (Bvlgari, Hermes, Roger & Gallet...), pillow, blanket, slippers, kitchen equipment (glassware, china...),

### **Dedicated Services**

We also propose you the services that you need for the expectations for your flight and passengers,

**Personal shopping service** & courier, high loader (off-loading & loading),







# Épicerie fine

For your most detailed delicatessen, we will bring you:

Caviar (from Petrossian, tins from 30g, 50g, 125g...), Balik salmon, macarons & chocolates from your prefered brand, tea, celebration Cakes or Flowers Arrangements ...







You can always reach us out whether you would like to place an order or just needs information

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LFLL- LFLY - LFLB - LSGG - LFSB - LSZB- LSZS